

About the Paralegal Cup

The Paralegal Cup is the only mooting competition in the world that is exclusive to Paralegal students enrolled in a Certificate or Diploma program, recognized by the Law Society of Upper Canada.

The Paralegal Cup competition, referred to as a “mooting competition,” requires students to draw on their advocacy, legal research, and legal writing skills in relevant substantive law to prepare their oral and written submissions. The purpose of the competition is to strengthen student advocacy and critical thinking skills by focusing on oral and written advocacy, professionalism, and resiliency. The event also allows paralegal students to network with senior paralegals, present and future community leaders, influential members of the legal industry and college representatives.

The first day of the competition consists of four mooting rounds followed by a networking hour and the highly anticipated evening dinner, which celebrates the students’ achievements from the day’s competition. On the second day, based on total oral and written scores from the preliminary rounds, the top eight teams compete in the quarter final, semi-final, and final rounds. In the finalist rounds, the team with the higher score advances.

The mooting competition asks student teams to identify and address the legal issues for both the appellant and the respondent in a selected contemporary Canadian case. They must also present a 10-minute oral submission and written component before a panel of judges. Teams prepare and deliver submissions, all vying to become the ‘Mooting’ Champion.

Past Competitions

As the Ontario Paralegal Association’s Student Director, Fallon Burns (*at centre, left*), teamed up with her Humber College Paralegal Degree classmates, Karen Fair (*right*) and Doug Taylor (*left*) in 2013, to create a skills competition for paralegals.



In 2015, three Humber Paralegal degree students joined efforts with the initial Steering Committee to execute the 2015 Paralegal Cup. Here at right are: Tara Lisowski (*far left*), Madeline Williams (*centre*) and Sara Liden (*far right*),

